

Nicole E. Shadid, MD

ABPN, ABIHM, CIPP, BCN, CFMP, ABAARM, FAAMFM, CYT-200

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EDUCATION AND TRAINING

Bachelor of Sciences | 1995-1999 | University of Colorado

Medical Degree | 2002-2006 | University of Oklahoma College of Medicine

Psychiatry Residency | 2006-2010 | University of Oklahoma Health Sciences Center

Neurofeedback/QEEG Practitioner Training | 2011 | Biofeedback Certification International Alliance

Integrative Medicine Fellowship | 2011-2012 | 1-Year Fellowship with American Board of Integrative Holistic Medicine

Yoga Teacher/Yoga Therapist Training | 2013-2014 | Heritage College Yoga Alliance CYT-200 Hour Training

Functional Medicine Training | 2018-2019 | 1-Year Fellowship with Functional Medicine University-300 Hour Training (CFMP)

Integrative Psychiatry Fellowship | 2021-2022 | 1-Year Fellowship with Integrative Psychiatry Institute

Anti-Aging, Metabolic and Regenerative Medicine Training | 2021 | 1-Year Fellowship with American Academy of Anti-Aging Medicine (A4M) and Metabolic Medicine Institute (MMI)

Fellowship in Anti-Aging, Metabolic and Functional Medicine | 2022 | Fellowship with American Academy of Anti-Aging Medicine (A4M) and Metabolic Medicine Institute (MMI)

Ketamine Medical Provider Training | 2022 | Integrative Psychiatry Institute (IPI)-50 Hour Training

Psychedelic-Assisted Therapy Training | 2023 | 1-Year Fellowship with Integrative Psychiatry Institute (IPI)

LICENSURE AND CERTIFICATIONS

Oklahoma State Board of Medical Licensure (MD) | 2007-2010 | Medical Doctor

American Board of Psychiatry and Neurology (ABPN) | 2010-2022 | *Board Certification*, Adult Psychiatry

Colorado State Medical Board of Medical Licensure (MD) | 2010-2022 | Medical Doctor

Biofeedback Certification International Alliance (BCIA) | 2011 | *Board Certification*, Neurofeedback and QEEG Practitioner (BCN)

American Board of Integrative Holistic Medicine (ABIHM) | 2012 | *Board Certification*, Integrative Medicine Fellowship (ABIHM)

Heritage College/Yoga Alliance | 2014 | Certification, Yoga Teacher/Yoga Therapy 200-Hour Training

Functional Medicine University (FMU) | 2019 | Certification, Certified Functional Medicine Practitioner (CFMP)

Integrative Psychiatry Institute (IPI) | 2022 | Certification, Certified Integrative Psychiatry Physician (CIPP)

American Board of Anti-Aging and Regenerative Medicine (ABAARM) | 2021 | *Board Certification*, Anti-Aging and Regenerative Medicine (A4M)

Fellowship in Anti-Aging, Metabolic and Functional Medicine (FAAMFM) | 2022 | *Board Certification*, American Board of Anti-Aging and Regenerative Medicine (A4M)

Certified Ketamine Medical Provider | 2022 | Certification, Integrative Psychiatry Institute (IPI)

Certified Psychedelic-Assisted Therapy Provider | 2023 | Certification, Integrative Psychiatry Institute (IPI)

RESEARCH EXPERIENCE

Research Coordinator | 1999-2000 | Department of Biological Psychiatry, New York State Psychiatric Institute, Columbia Medical Center

- Randomized Controlled Trial (RCT) – Augmentation of Sertraline Antidepressant Treatment with Transcranial Magnetic Stimulation
- Randomized Controlled Trial (RCT) – A Study of Vagus Nerve Stimulation (VNS) in Treatment-Resistant Depression
- Randomized Controlled Trial (RCT) - A Comparison of Active rTMS vs Sham rTMS in the Treatment of the Depressive Episode of Bipolar Disorder

Research Assistant and Clinical Interviewer for Study | 2000-2001 | Department of Adult Psychiatry, New York State Psychiatric Institute, Columbia Medical Center

- Multi-Center Study – Course of Literal Homelessness: A Study Investigating the Effects of Substance Abuse and Mental Illness in the Shelter System

Research Assistant | 2003 | Department of Adult Psychiatry, University of Oklahoma Health Sciences Center, University of Oklahoma Medical Center

- Randomized Controlled Trial (RCT) - Topiramate vs Placebo as add-on Treatment in Patients with Bipolar Disorder
- Randomized Controlled Trial (RCT) - Efficacy of Topiramate in the Treatment of Post Traumatic Stress Disorder

Research Psychiatrist | 2010-2012 | Neuro-Therapy Clinic, Inc., Denver, Colorado

- Psychiatric Quantitative EEG Evaluation Registry

PROFESSIONAL EXPERIENCE

Resident Physician | 2006-2010 | University of Oklahoma Health Sciences Center, Department of Psychiatry, Oklahoma City, Oklahoma

Emergency Inpatient Psychiatrist | 2009-2010 | Oklahoma County Crisis Intervention Center, Oklahoma City, Oklahoma

Integrative Psychiatrist | 2010-2012 | Neuro-Therapy Clinic, Inc., Denver, Colorado

Vice-Chairman of APA Caucus on Complementary, Alternative and Integrative Medicine | 2011-2013 | American Psychiatric Association

Integrative Psychiatrist | 2012-2024 | Shadid Integrative Psychiatry, PC, Denver, Colorado

Functional Medicine Physician | 2018-2024 | Functional Neuropsychiatry Solutions, Shadid Integrative Psychiatry, PC, Denver, Colorado

PROFESSIONAL AFFILIATIONS

APA Caucus on Complementary, Alternative and Integrative Medicine | 2011-2016 | Member

American Psychiatric Association (APA) | 2010-2016 | Member

International Society of Neuronal Regulation (ISNR) | 2011-2015 | Member

Colorado Psychiatric Society (CPS) | 2010-2016 | Member

Academy of Integrative Health and Medicine (AIHM) | 2012-2022 | Member

Integrative Medicine for Mental Health (IMMH) | 2012-2022 | Member

American Botanical Council (ABC) | 2017-2021 | Member

American Academy of Anti-Aging and Regenerative Medicine (A4M) | 2021-2023 | Member

International Lyme and Associated Disease Society (ILADS) | 2022-2023 | Member

American Society of Ketamine Physicians, Psychotherapists & Practitioners (ASKP3) | 2022-2023 | Member